

MEN'S HEALTH CHECK



Information Sheet

It's Movember and here at Princess Park Clinic we are committed to changing the face of men's health... without having to grow a mo!

Did you know? The average life expectancy for Australian men is almost five years less than women. Every hour, more than 4 men die from potentially preventable conditions in Australia.

Here at Princess Park Clinic we care about all the men out there, and so we have developed a health program specifically designed for busy men who wish to do something about improving their health. Our preventative health philosophy aims to identify risks and put strategies in place to prevent ill health. If a health problem exists, then by detecting the problem early we can aim for better management of the problem, and minimise complications.

How to book?

If you would like to book in for a Men's Health check, please call our friendly reception staff and remember to mention the 'Men's Health Check.' The appointment will take approx. 1.5hours.

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WHAT DOES THE MEN'S HEALTH CHECK COMPRISE OF?

- A detailed Heart Risk Evaluation
- An ECG
- A respiratory assessment
- A Diabetes check
- A Diet and Exercise assessment
- Vision Check
- Hearing screening test
- Prostate assessment (if needed)
- Mental Health check
- Standard Blood tests

WHAT DOES A MEN'S HEALTH CHECK COST?

All patients should come prepared to pay \$196.80

The Medicare Rebate for appropriate item numbers will be \$132.15.

Out of Pocket Cost: \$64.65

